



PARENT HANDBOOK

Summer 2026

Located at
Chizuk Amuno Congregation and Schools
8100 Stevenson Road
Pikesville MD 21208

Contact:

www.cacamps.org

mail@cacamps.org

443-658-CAMP (2267)

Dear Parents:

We are thrilled to have you with us this summer!

Our first priority is the health and safety of our campers and staff members. Each child should feel that they belong, are included, and bring value to the community.

Our leadership staff and I are all career educators. A lot of care, thought and intention goes into creating eight weeks of magic each summer to support your campers' informal education and school readiness.

Camp should be fun! CA Camps is committed to fostering a fun and welcoming summer home away from home.

If you have any questions or would like to talk to me about your camper(s), don't hesitate to reach out: rwolf@cacamps.org or 443-658-CAMP (2267).

Robyn Wolf

Director, CA Camps

Mission:

CA Camps offers informal learning and growth opportunities to school-aged children at Chizuk Amuno Congregation Schools & Camps through safe, educational, and fun programming. CA Camps' programming fosters independence, school readiness, and inclusion for all campers!

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Meet Our Leadership Team

Camp Director, Robyn Wolf

Robyn has over 20 years of summer camp programming and aquatics experience. Robyn taught at BCPS for 14 years in general and special education. Robyn holds numerous camp management and pool/swim instruction certifications; she also holds degrees in elementary education, special education, and school administration. During her teaching tenure, Robyn was nationally recognized for her work in restorative behavior management with Title I (low income) students.

Robyn has three boys who attend Goldsmith Early Childhood Center and Krieger Schechter Day School. She and her family are members of Chizuk Amuno Congregation.

You can reach Robyn at rwolf@cacamps.org

Camp Assistant Director, Kori Snair

Kori is currently a 2nd grade teacher at Gunpowder Elementary in Baltimore County, previously teaching both kindergarten and 1st grade. Kori also has over 15 years of summer camp programming experience, aquatics management, and swim instruction experience. Kori holds degrees in early childhood education and special education.

Kori and Robyn started Camp Suburban at Suburban Club in Pikesville in 2020 before moving their camp operations to Chizuk Amuno in 2023.

You can reach Kori at ksnair@cacamps.org

Communication

You can reach the camp office via phone from 8:00 a.m. - 5:00 p.m. at 443-658-CAMP (2267). A member of our team will always be available to take your call. If you need to speak directly with your camper's Unit Head, they will return your call at their earliest convenience (as they're typically out and about with the campers throughout the day). If your call is urgent, please let the office staff know so your concern can be addressed immediately. Unit Heads will also check in periodically throughout the summer via phone and/or email to discuss your camper's overall experience. Parents who prefer to communicate via email (with non-urgent matters) should use mail@cacamps.org. If you would like to contact a member of the camp leadership team directly, please use the emails listed below.

Please do not send any information to camp with your camper. If you have a message to get to us, please call or email the camp office.

Who to Contact

- **Late Arrival/Early Dismissal/Absences/Illness**

Bryna Spector - 443-658-CAMP (2267) or bbernstein@cacamps.org

- **Aquatics Questions**

Kori Snair - ksnair@cacamps.org or pool@cacamps.org

- **Junior Village (Entering Pre-K and K)**

Christa Roop - juniorvillage@cacamps.org

- **Lower Camp (Entering 1st and 2nd)**

Mia Fobbs - lowercamp@cacamps.org

- **Middle Camp (Entering 3rd, 4th, 5th, and 6th)**

Donny Yankellow - middlecamp@cacamps.org

- **Upper Camp (Entering 7th, 8th, 9th, and 10th)**

Becca Barker - uppercamp@cacamps.org

- **Medication/Medical Issues**

Nurses Suite - nurse@cacamps.org

Camp Staff

Our staff are the backbone of our camp. We firmly believe in their pivotal role in shaping the summer experience, which motivates us to recruit and train the most exceptional individuals.

All CA staff are vetted and undergo State of Maryland and FBI background checks in order to work with children.

Staff Trainings Include

- Effective communication in emergency situations
- Accounting for campers
- Protocols in case of a missing camper
- Dangerous and Severe Weather scenarios
- “Shelter In Place” procedures
- Camp Evacuation procedures
- Handling Accidents and Injuries at Camp
- Safety Drills (fire/evacuation/bad weather)
- Identifying Child Abuse or Neglect and how to report
- Water Safety and Swim Safety
- Using appropriate language and demeanor at camp
- Diversity, Equity and Inclusion

Activities and Special Events

We want to be sure that we give each and every camper a well-rounded experience so they can enjoy their favorite activities, experiment with new activities and be challenged to try new things.

Campers participate in age-appropriate activities which are designed and planned to “grow” with the camper as they move up through our different age units. We also have a team of skilled specialty staff who bring their expertise and passion to our campers for a more enriching camper experience.

While our programming focuses on developmental progression, our special event programming focuses on fun. The goal of our special days is to transform camp into different worlds in which each and every camper can be engaged. These special events are a great way to see, feel and contribute to the ruach (spirit) of camp.

What to Wear Everyday

- All campers should come to camp each day wearing a swimsuit underneath their clothing (pack a second bathing suit in their backpack).
- All campers must wear sneakers and socks daily.
- All items sent to camp must be labeled with permanent marker or personalized labels.
- All campers should arrive at camp with sunscreen already applied. Our staff will ensure sunscreen is re-applied throughout the camp day.

Daily Packing List

- Labeled, reusable water bottle
- Lunch (please include an ice pack in your child's lunch)
- Snack
- Pool shoes (optional)
- Towel
- Extra bathing suit (for campers who swim 2x/day)
 - Campers who swim twice are in grades 1 and up
 - Pre-K and K and Specialty Camps only swim once per day
- Extra change of clothes (for use after 2nd swim)
- Spray or stick sunscreen (cream sunscreen is permitted only if your child can apply independently)
- Goggles (optional)
- Plastic bag or reusable waterproof bag for wet items
- Sweatshirt or light jacket for inclement weather (optional/when needed)

All items sent to camp must be labeled.

www.labeldaddy.com/cacamps

Your Label Daddy order supports CA Camps

Personal Property

Campers are responsible for their own personal property. CA Camps will not be held responsible for any lost or stolen items. All valuables should be clearly labeled with the owner's name on it. We ask that you reduce the number of personal belongings that go back and forth between camp and home. **We will keep lost and found items for one week then donate any unclaimed and unmarked items.** We will return all labeled lost and found items to their owners. All campers are responsible for respecting the property of others. We ask that if an item does not belong to your child, they do not touch it. We do not want articles of clothing to go missing or items brought from home to be damaged.

Lunch and Snack

We want to be sure all of our campers are well fueled throughout the day. Please send your child with a snack for them to enjoy in the morning (snacks should be packed separately from lunch). We will provide ice pops or a dairy treat in the afternoon. Please send your child to camp daily with a labeled reusable water bottle that can be refilled throughout the camp day at our water stations, located throughout our campus. Please wash your camper's water bottle daily. Please pack a Kosher-style (meat free) lunch from home. All lunches brought from home must be clearly marked with the camper's full name.

Behavior Policy

Our primary responsibility at CA Camps is to keep every camper and staff member physically and emotionally safe. Everything we do is geared toward making camp a safe, recreational space for campers to try new things, develop and deepen relationships, build character, and foster independence. To maintain a safe and positive environment, all campers are expected to follow five guidelines below:

1. Follow directions
2. Stay with your group
3. Keep your hands and body to yourself
4. Use kind words
5. Try your best

Our staff is trained to use positive reinforcement to help all campers succeed in following these expectations. Our staff will fold in daily reminders about these expectations so that everyone works together in creating a safe and joyful day at camp.

While camp is fun, exciting and full of new experiences, the camp day can also be hot, tiring and overstimulating for both campers and staff. We understand that all campers have moments and days when they are not at their best. On occasion, campers may display behavior challenges that negatively impact their day, or negatively impact other campers or staff. We will address these one-off behavior challenges using developmentally-appropriate strategies and positive reinforcement to guide the camper back on course.

Our Commitment to Diversity, Equity and Inclusion

- We are committed to being an ever-evolving inclusive and welcoming culture and community.
- We are committed to being a community where discrimination based on race, gender identity and presentation, sexual orientation, disability status, national origin, and other biases and prejudices will not be tolerated.

We want our campers and staff to know that we are committed to constantly learning, challenging ourselves, looking inward as an organization to dismantle the racism and unconscious bias that have influenced our society. All members of the community should be made to feel as though they truly belong.

Swim

This summer our Aquatics Program will be supervised by Kori Snair, who is a certified lifeguard and has over 10 years of pool supervision experience.

Our pool is supervised by certified lifeguards and water safety instructors. We have Water Safety Instructors (WSI) on staff, supervising the instructional swim program and only certified lifeguards supervising pool activities.

In addition to the WSI and lifeguard(s) on duty, bunk counselors will also supervise their campers while they are in the pool.

On their first day of camp, all campers must take a swim test. Passing this test enables campers to use the pool during free swim. Campers can take the test as many times as necessary until they pass. The test also allows our staff to gauge each camper's swimming skills so that they can be properly placed in a swim instruction group.

Swim Safety Plan

[Our Swim Safety Plan can be found by following this link.](#)

Attendance

If your child will be absent from camp, please email or call the camp office: mail@cacamps.org or 443-658-CAMP (2267) to notify us. Be sure to include your child's name, bunk and reason for absence. You will be contacted by a camp staff member if there is any need for further discussion. **If your child will be arriving to camp late or needs to be picked up early, this can only be done between the hours of 9:30 a.m. and 3:00 p.m.** Please park and walk up to the Administrative Entrance for late drop-offs and early pick-ups so your child can be properly signed in and out.

Drop Off / Pick Up

Our goal is to have a stress-free and quick carpool experience. We cannot do this without your partnership.

Morning carpool will begin at 8:30 a.m. and end promptly at 8:50 a.m. If you arrive after 8:50 a.m. please park your car and walk your child to the Administrative Entrance (near the security guard) where a member of our staff will take your child to meet their group. Late arrival is a disruption to the start of the day so we ask that you try your best to arrive on time.

Afternoon carpool will begin at 3:45 p.m. If you need to pick up your child before 3:45, please arrive no later than 3:00 p.m. We will not be able to bring your child(ren) to you between 3:00 p.m. and 3:45 p.m. If you arrive before 3:00 to pick up your child, please park your car and walk up to the Administrative Entrance where your child will be waiting for you with a member of our staff. You should always alert the camp 30 minutes before early pick up to ensure efficiency getting your camper to you.

We will always have the option for parents/guardians to park their car and walk up to the Berman entrance to drop off or pick up their child(ren).

There will be a Lost and Found table near the Berman entrance - this is the stopping point for all parents walking their children into camp. If you choose to walk your child to the camp entrance in the morning, please do not enter the building with your child - you should hug them outside and let a member of the CA Camps team walk them to their bunk. A quick separation makes it easier for you and your child(ren).

If you choose to walk up to pick up your child(ren) at the end of the camp day, please wait for a member of the CA Camps team to approach you. No parent is allowed to walk up to the door to get their child(ren). Again, our Lost and Found table is the stopping/waiting point for this. When dismissal begins your child will be brought out to you.

If you are in the carpool line in the morning, we ask that you do not get out of your car. A member of the CA Camps team will approach your car and help your child get out. If you are not comfortable with our staff taking your child out of the car, please park and walk your child in. In the afternoon, we ask that you remain in your car, if possible. If you need to get out of your car to buckle your child in, please be mindful of the cars waiting behind you and move as quickly as possible.

Carpool is not the time to talk to your child's counselor or unit leader. If you have any questions about your child's day, please send us an email.

If your child is in our late stay program (3:45 p.m. - 5:30 p.m.) you will need to park your car and go to the late stay location to pick them up. On most days, campers can be found outside on our fields and playground. In the case of inclement weather, campers can be found in the gym.

Health Plan

CA Camps Health Administrator:

Ricki Weisbrot, CRNP-AC

R209332

Nurse at University of Maryland Children's Hospital

Certified Pediatric Nurse Practitioner - Acute Care

Camp Health Suite

The Camp Health Suite is located inside Chizuk Amuno Congregation off of the main Lobby of Krieger Schechter Day School. This area will include a cot, medical supplies, secured medical documents, and secured medications as necessary. In the event of illness or injury that occurs during the camp day, the camp nurse will reach out to the campers emergency contact to discuss a plan of action. We ask that each camper have at least two emergency contacts listed in the event we cannot reach the first person.

Health Forms

CA Camps utilizes health forms provided by Maryland Department of Health. These forms can be accessed through CampMinder (our camp portal). All parents/guardians are required to submit the health history form for each camper. As applicable, the medication administration forms (including asthma and emergency medications) will be provided to parents/guardians.

Communicable Disease Policy

If your child has any symptoms of any illness, please notify our health office as soon as possible, within 24 hours. Any diagnosed communicable disease is particularly important to report as we notify exposed groups.

Campers should stay home until they are symptom-free, are fever-free (fever is considered 100.4°F or above) for 24 hours without fever-reducing medicine, and are able to participate fully in camp activities.

Sunburn Prevention

Please apply sunscreen every day before your camper comes to camp. Our staff will help children reapply sunscreen throughout the day as needed. Please send spray or stick sunscreen in your camper's backpack. Please do not give your child cream sunscreen unless they can apply it independently. Please periodically check your child's sunscreen and resupply as necessary.

Allergies

Parents/guardians should make sure that they have reported all allergies (medicine, food, environmental, insect bites/stings) to the camp office through the online medical history form. If any new allergies or medical conditions arise, it is the responsibility of the parent/guardian to inform the camp health staff and unit director of any changes in the camper's medical profile. Specific questions regarding our snack or lunch program choices and ingredients offered to campers with allergies can be addressed to the camp office.

Medical Emergencies

Our healthcare team and camp director will carefully and thoughtfully assess all medical emergencies and respond accordingly to ensure the health and safety of all campers. If there is a medical emergency, parents/guardians and emergency contacts are always notified.

Immunization Policy

Updated immunization records are required yearly for all campers on CampMinder (our parent portal) under the medical section before camp begins. While we do not require campers or staff to be vaccinated against COVID-19, we strongly encourage anyone who is eligible to be vaccinated and boosted.

Medication

Only those campers (and staff members who are minors) who have the medication administration form completed and signed by their parent(s/guardian(s)) and doctor will be able to receive the medication(s) needed (such as Tylenol for fever/pain, asthma medication, emergency allergy medication, etc.). Medication orders and doctor signatures are required for administration of prescription medication during the camp day. This includes regularly scheduled medications, as well as any other treatments that must be given during the camp day. If you would like us to have a medication administration form on file for your camper, please download it from CampMinder.

Camp policy states that all onsite medication must be administered by the camp nurse. This includes prescription and over-the-counter medications. Please notify the camp nurse of any special medication needs and be sure you and your licensed healthcare provider have signed the healthcare form which lists medication, dosage and medication times.

Medications must be brought in prior to your camper's first day of camp in their original containers with the prescription label on the front. Medications will be administered by the camp nurse and will be stored in a locked cabinet in the health office.

Emergency Plan

Communication Between Camp and Parents

- **All Camp/Parent communication will be via the Camp Directors or designated Senior Staff.** Counselors are instructed not to communicate specific issues with parents (health, injuries, behavioral issues, etc.). We have developed specific protocols and there are strict regulations regarding reporting and documenting health issues, injuries, etc. This ensures our ability to be aware of, appropriately address, and document any issues.
- **Non-Emergency Communication** will be via email or phone. ● **Emergency Communications** will always be via phone and if we can't reach you, we will try to text or email as well.
- Please do not contact counselors during the camp day. Please contact the nurses or office if there is anything you need the camp to know about your child.

Accessing your Child In Case of An Emergency

- **Call Camp Before or Upon Arriving**
- **No one is permitted to come onto the campgrounds without prior authorization - even in an emergency.** In case of emergency, we will coordinate with you to reunite you with your child.
- If your child has a **non-life threatening illness or injury that does not require emergency medical care**, they will be moved to our health suite, located in Chizuk Amuno Congregation. Please park near the Administration Entrance, enter the building with ID, and check in with the security guard. The security guard will direct you to the health suite.
- If your child has a **life-threatening injury or requires emergency medical care** we will call 9-1-1 immediately and will contact you as soon as we reasonably can. If emergency services arrive before you, we will authorize them to take your child to the hospital. A staff

member will accompany your child to the hospital if you are unable to.

Rain or Severe Weather

- Rain: We have indoor space reserved for camp use inside the main building. We have plenty of rainy day activities.
- Lightning and/or thunder: If lightning and/or thunder is detected outdoor activities will stop and campers will move indoors or to a safe location.
- Tornado or other severe weather: We will move campers to the Chizuk Amuno basement in the event of a tornado warning or other severe weather event.

Shelter in Place or Evacuation

- **Shelter In Place**: Due to imminent emergency weather or outside threat, the Shelter In Place Order will be announced. All campers will move (if safely able) to the Chizuk Amuno basement. When the all clear is given, campers will move upstairs or outside if possible.
- **Evacuation**: If we need to evacuate camp and move kids away from Chizuk Amuno we will proceed to Beth El Congregation or Fort Garrison Elementary School.

We Look Forward to a Great Summer...

See you at CA!